

HÅG's mission is to bring movement and variation to the workplace. HÅG products stimulate intuitive and natural movement of the body and variation of sitting postures leading to improved health and productivity.

HÅG H05

- With the HÅG BalancedMovementMechanism™ which allows you to sit in balance with a flowing backwards and forwards tilt function.
- With only one lever and one wheel, you can easily personalize your sitting experience.
- Provides a personal and active sitting solution for all types of work environments.
- HÅG SwingBack® armrests allows the armrests to be rotated out of the way and behind your chair so that you can move closer to your desk.
- Adjustable headrest (optional), seat height, 4-in-1 adjustment wheel, HÅG SwingBack® armrests (optional) and lockable tilt.



Design: Peter Opsvik. Patent- and design protected.



AWARD FOR DESIGN EXCELLENCE
NORWEGIAN DESIGN COUNCIL

QUALITY

10-year guarantee:

HÅG provides a ten-year guarantee against production defects on all office chairs that are in normal use for up to 9 hours per day.

5-year guarantee for 24/7 usage:

- The chair have been tested in accordance with British Standard BS 5459-2, which is often used to test intensive use (24-hour usage). See HÅG's price list for detailed guarantee terms.

Certifications:

- Tested in accordance to EN 1335 Class A, ANSI/BIFMA X5.1, BS 5459-2, BS 5459-2, NPR1813 and GS mark.
- Flokk is certified by DNV-GL according to ISO 9001.

Maintenance:

- Vacuum clean the chair with a furniture brush or wipe it with a clean, white cloth or sponge slightly dampened with clean lukewarm water. Do not remove any plastic parts or attempt to open the seating mechanism. Contact your Flokk dealer if the chair requires servicing or maintenance.
- ESD (electronic discharge) chair is available on request. Approved according to IEC 61340-5-1.

ENVIRONMENTAL FACTS - based on H05 5300 with armrests (packaging included)

- Easy to disassembly without using any special tools
- Contains 43% of recycled material (post-consumer and post-industrial waste)
- Low carbon footprint at 73 kg CO₂ equivalents
- Contains no hazardous chemicals

Certifications:

- Flokk is certified by DNV-GL according to ISO 14001
- Environmental product declaration (EPD) – life cycle analyse of the chair based on 14025-EPD
- GREENGUARD certificate – ensures that the chair



meets strict chemical emissions limits

- Möbelfakta certificate – Swedish environmental and quality and social responsibility certificate

Materials specifications for HÅG H05 5300:

- Steel 41%, Aluminium 23%, Plastics 22%, PUR 5%, Various 2%, Textiles: 1%, PVC 0%
- Total weight of product 48.28 lb
- Share of recyclable material: 94%
- Contains 38% of recycled material (post-consumer and post-industrial waste).

MODELS AND MEASUREMENTS



Physical measurements HÅG H05	5100/5200	5300/5400	5500/5600
Seat height, measured with 141.1 lb load, 5.91" lift* [1] (short)	15.35-20.28*	15.35-20.28*	15.35-20.28*
Seat height, measured with 141.1 lb load, 7.87" lift [1] (medium)	18.31-25.39	18.31-25.39	18.31-25.39
Seat height, measured with 141.1 lb load, 10.43" lift [1] (tall)	21.65-30.91	21.65-30.91	21.65-30.91
Height of back pads [2]	16.34/16.14	18.70/18.50	21.85/21.65
Height of foremost support point on back pads [3]	5.31-9.84	5.31-9.84	5.31-9.84
Height of foremost support point on headrests [4]	22.05-31.10	22.05-31.10	22.05-31.10
Seat depth [5]	15.16-18.90	15.16-18.90	15.16-18.90
Height of armrests [6]	6.89-11.02	6.89-11.02	6.89-11.02
Seat width [7]	17.72	17.72	17.72
Chair width [8]	23.62-27.56	23.62-27.56	23.62-27.56
Foot base diameter [9]	28.74	28.74	28.74
Weight of chair ¹⁾ (lb)	27.56/28.66	35.27/36.38	39.68/41.89

Measurements in inches. Measured with 141.1 lb load. Where a chair is adjustable, minimum and maximum measurements are listed.

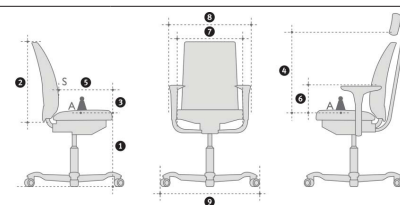
Tilt range is 15° forwards and 16° backwards from a neutral position 1° to the rear

Please note that these measurements are not absolute. They may vary slightly from chair to chair.

* Standard lift according to EN 1335 Class A.

¹⁾ Weight without armrests, headrests and packaging

A: Mid-point of chair, loaded with 141.1 lb



CONFIGURATION OPTIONS

- HÅG SwingBack® armrests allows the armrests to be rotated out of the way and behind the chair so that you can move closer to your desk. You can also sit sideways (optional extra).
- Headrest gives you rest and support for shoulders, neck and head. The gap between the chair and the headrest allows more freedom of movement (optional extra).
- All models can be upholstered in textiles from the HÅG Standard Collection or the HÅG Extended Collection.
- Armrests are optional and may be supplied with padded leather tops for extra soft tactility and exclusive touch.

Please note that some configurations and options may not be available in the U.S. market.